

# HOW WILL I GET THERE?

10<sup>TH</sup> GRADE



# **BULLSEYE**

**WHAT TARGET ARE YOU AIMING FOR?**

# **WHAT DO OUR TARGETS REPRESENT?**

**BULLSEYE ON BOARD**

**BULLSEYE IN THE BACK**

# WHERE DOES OUR JOY/SATISFACTION COME FROM?

- **ACCORDING TO PEW RESEARCH (2016), 30% OF WORKERS SAY THEIR JOB IS JUST TO GET THEM BY / WSJ SURVEY (2017) SAYS 49% OF WORKERS WERE UNSATISFIED WITH THEIR JOB**
- **TESTIMONY**
- **“WE TEND TO FORGET THAT HAPPINESS DOESN'T COME AS A RESULT OF GETTING SOMETHING WE DON'T HAVE, BUT RATHER OF RECOGNIZING AND APPRECIATING WHAT WE DO HAVE.” – FREDRICK KOENIG**
- **DON'T LET HAPPINESS DEPEND ON SOMETHING YOU MAY LOSE.” – C.S. LEWIS**

# WHAT DOES GOD'S WORD SAY?

- **19 “DO NOT LAY UP FOR YOURSELVES TREASURES ON EARTH, WHERE MOTH AND RUST DESTROY AND WHERE THIEVES BREAK IN AND STEAL, 20 BUT LAY UP FOR YOURSELVES TREASURES IN HEAVEN, WHERE NEITHER MOTH NOR RUST DESTROYS AND WHERE THIEVES DO NOT BREAK IN AND STEAL. 21 FOR WHERE YOUR TREASURE IS, THERE YOUR HEART WILL BE ALSO.” – MATT. 6:19-21**
- **TRUST IN THE LORD WITH ALL YOUR HEART, AND DO NOT LEAN ON YOUR OWN UNDERSTANDING. 6 IN ALL YOUR WAYS ACKNOWLEDGE HIM, AND HE WILL MAKE STRAIGHT YOUR PATHS. - PROV. 3:5-6**
- **7 “ASK, AND IT WILL BE GIVEN TO YOU; SEEK, AND YOU WILL FIND; KNOCK, AND IT WILL BE OPENED TO YOU. 8 FOR EVERYONE WHO ASKS RECEIVES, AND THE ONE WHO SEEKS FINDS, AND TO THE ONE WHO KNOCKS IT WILL BE OPENED.” – MATT. 7:7-8**

# **YOUR WORK IS YOUR MINISTRY**

- **COHERENCY BETWEEN OUR FAITH AND OUR WORK**
- **“THE QUESTION IS NOT WHAT WE INTENDED OURSELVES TO BE, BUT WHAT HE INTENDED US TO BE WHEN HE MADE US” – C.S. LEWIS**

# HOW TO GET TO YOUR GOAL

- **A GOAL IS A DREAM WITH A TIMEFRAME ATTACHED.” – DAN MILLER**
- **WHICH OF YOU, DESIRING TO BUILD A TOWER, DOES NOT FIRST SIT DOWN AND COUNT THE COST, WHETHER HE HAS ENOUGH TO COMPLETE IT? <sup>29</sup> OTHERWISE, WHEN HE HAS LAID A FOUNDATION AND IS NOT ABLE TO FINISH, ALL WHO SEE IT BEGIN TO MOCK HIM, <sup>30</sup> SAYING, ‘THIS MAN BEGAN TO BUILD AND WAS NOT ABLE TO FINISH.’ – LUKE 14:28-30**

# RESEARCH

- **RESEARCH SHOW “THAT TWO PEOPLE WITH THE SAME SKILLS AND KNOWLEDGE CAN PERFORM VERY DIFFERENTLY ON THE SAME TASK IF THEY HAVE DIFFERENT PERFORMANCE GOALS BECAUSE THEIR GOALS ULTIMATELY DETERMINE THEIR MOTIVATION TO SUCCEED” - [WWW.DEVELOPGOODHABITS.COM](http://WWW.DEVELOPGOODHABITS.COM)**
- **ACCORDING TO U.S. NEWS, 80% OF NEW YEAR’S RESOLUTION FAIL BY FEBRUARY.**

# RESEARCH

- **RESEARCH SHOWS SETTING GOALS GIVES STUDENTS A GREATER SENSE OF AUTONOMY IN THEIR LEARNING (I CAN DO THIS....) WHICH LEADS TO HIGHER LEVELS OF MOTIVATION TO SUCCEED IN THEIR STUDIES - [WWW.DEVELOPGOODHABITS.COM](http://WWW.DEVELOPGOODHABITS.COM)**
- **TURN VAGUE INTENTIONS TO AN ACTIONABLE PLAN**
- **“CLARIFY YOUR IDEAS, FOCUS YOUR EFFORTS, USE YOUR TIME WISELY, AND INCREASING THE CHANGE OF WHAT YOU SET OUT TO ACHIEVE” – BROOKLYN KHAN**

Specific

**S**

**G**

What do you want to do?

Measurable

**M**

**O**

How will you know when you've reached it?

Achievable

**A**

**A**

Is it in your power to accomplish it?

Realistic

**R**

**L**

Can you realistically achieve it?

Timely

**T**

**S**

When exactly do you want to accomplish it?

# NOT “SMART” GOALS

- **Not Specific:** I’m going to be happier.
- **Not Measurable:** I’m going to increase my savings.
- **Not Achievable:** I will go on 30 job interviews per month.
- **Not Relevant:** As an 10th grader, I’m going to get ahead of the game and apply to ten colleges this year.
- **Not Time-Bound:** I will be at a healthy weight someday.

**“I WILL MEET WITH EACH OF MY TEACHERS INDIVIDUALLY WITHIN THE FIRST TWO WEEKS OF CLASS TO START BUILDING A RAPPORT AND GAIN CLARITY OF THEIR EXPECTATIONS SO I WILL FEEL COMFORTABLE GOING TO THEM WITH FUTURE QUESTIONS THROUGHOUT THE YEAR.”**

- **S:** THIS STATEMENT ANSWERS ALL OF THE QUESTIONS: WHO, WHAT, WHEN, WHERE, AND WHY.
- **M:** EACH MEETING WITH A TEACHER ACTS AS ONE UNIT OF MEASUREMENT AND PROGRESS CAN BE MEASURED AT ANY POINT DURING THAT TWO-WEEK TIME FRAME BY COUNTING THE NUMBER OF MEETINGS LEFT TO DO.
- **A:** THE GOAL SETTER HAS ALL OF THE TOOLS THEY NEED TO ACHIEVE THIS GOAL.
- **R:** THIS GOAL IS RELEVANT TO THE STUDENT’S SUCCESS IN CLASS.
- **T:** THE GOAL SETTER HAS SET A TWO-WEEK DEADLINE FOR ACHIEVING THIS GOAL.

**“I WILL COMPLETE ALL OF MY ASSIGNMENTS THIS YEAR AT LEAST ONE DAY BEFORE THEY’RE DUE TO AVOID RUSHING THROUGH ANY WORK. TO DO THIS, I WILL LIST ALL OF MY ASSIGNMENTS IN ORDER OF THEIR DUE DATE AND WORK THROUGH THEM ACCORDINGLY. I WILL SPEND 30 MINUTES EVERY SUNDAY NIGHT DETERMINING WHICH PROJECTS NEED ATTENTION DURING THE WEEK AHEAD.”**

- **S:** THE SPECIFIC GOAL SET IS TO COMPLETE ALL ASSIGNMENTS ONE DAY BEFORE THEY’RE DUE.
- **M:** THE GOAL SETTER WILL KNOW HIS PROGRESS WITH THE PASSING OF EACH ASSIGNMENT’S DEADLINE.
- **A:** BY BEING ORGANIZED WITH A LIST OF ASSIGNMENTS AND A SCHEDULE FOR COMPLETING THEM, THE GOAL SETTER HAS MADE AN ACHIEVABLE GOAL.
- **R:** FINISHING PROJECTS BEFORE THEY’RE DUE IS AN APPROPRIATE WAY TO AVOID TURNING IN WORK THAT HAS BEEN HURRIED.
- **T:** THE DEADLINE FOR THIS GOAL IS THREEFOLD: 1) ONE DAY PRIOR TO EACH ASSIGNMENT’S DUE DATE 2) EVERY SUNDAY NIGHT 3) THE END OF THE SCHOOL YEAR.

**“I WILL COMPLETE 5 COLLEGE APPLICATIONS BY JANUARY 1ST TO HELP ENSURE I GET ACCEPTED INTO A SCHOOL.”**

- **S:** THIS GOAL STATEMENT IS CLEAR AND TO THE POINT.
- **M:** WITH EACH APPLICATION COMPLETED, THE STUDENT WILL BECOME CLOSER TO ACHIEVING THIS GOAL.
- **A:** WHILE MORE THAN 5 COLLEGE APPLICATIONS MAY HAVE SEEMED UNREASONABLE 15 YEARS AGO, IT IS NOT UNCOMMON FOR HIGH SCHOOL SENIORS TO APPLY TO 10 OR MORE COLLEGES TODAY.
- **R:** APPLYING TO COLLEGE AS A HIGH SCHOOL SENIOR IS A RELEVANT GOAL.
- **T:** THE DEADLINE FOR THIS GOAL IS JANUARY 1ST.

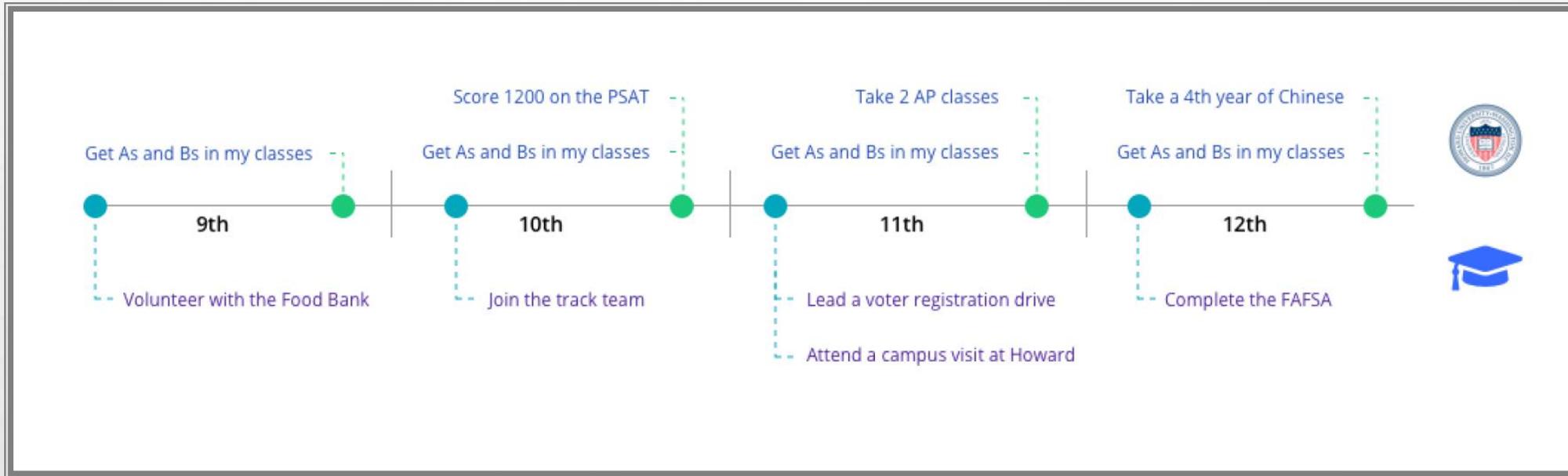
**“TO EARN AN SAT SCORE THAT IS OVER THE 75TH PERCENTILE RANGE FOR MY TARGET COLLEGES, I WILL WORK WITH A TUTOR WEEKLY AND TAKE PRACTICE TESTS EVERY 2-4 WEEKS TO MEASURE MY INCREMENTAL PROGRESS UNTIL THE TEST DATE IN DECEMBER.”**

- **S:** THIS STUDENT WANTS TO GET A BETTER SCORE ON HIS SATS THAN 75% OF HIS PEERS APPLYING TO SIMILAR COLLEGES.
- **M:** HIS PROGRESS CAN BE MEASURED WITH THE RESULTS OF HIS PRACTICE TESTS.
- **A:** BY DEDICATING SO MUCH TIME AND ENERGY TO STUDYING FOR THE SATS, THIS STUDENT WILL INCREASE HIS CHANCES OF ACHIEVING A HIGH SCORE.
- **R:** ALL STUDENTS MUST TAKE THE SATS, SO PREPARING FOR THEM IS RELEVANT FOR THIS STUDENT’S STAGE IN HIS EDUCATION.
- **T:** THIS GOAL’S DEADLINE IS THE DATE OF THE TEST IN DECEMBER.

# WHAT ARE SOME GOOD GOALS TO WORK TOWARD WITHOUT A SPECIFIC CAREER IN MIND?

- **STUDY HABITS**
- **BETTER PACING ON ASSIGNMENTS**
- **GETTING INVOLVED**
- **SKILL DEVELOPMENT**

**“Opportunity is missed by most people because it is dressed in overalls and looks like hard work.” – Thomas Edison**



# CHRONOLOGICAL MAP

TIMESTAMPS FOR MILESTONES YOU WANT TO HIT TOWARD YOUR GOAL

# CAREER RESEARCH

- **USE YOUR YOUSCIENCE RESULTS AND OTHER ASSESSMENTS TO RESEARCH WHAT IS REQUIRED FOR A SPECIFIC CAREER**
- **DEVELOP A PLAN TO GET THERE: START WITH THE GOAL IN MIND AND WORK BACKWARDS**
- **USE SMART GOALS TO VISUALIZE STEPS/OBSTACLES AND DEVELOP GOALS WITHIN YOUR PLAN**