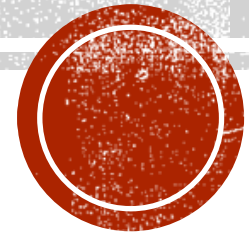


SOPHOMORE COLLEGE INFORMATION

SWCS



www.southwestcovenant.com/academics/ccguidance.cfm

MISSION STATEMENT

- The mission of the Southwest Covenant Guidance Counselor Program is to educate and equip students to..
 - discern their ***unique purpose*** as part of God's creation
 - understand how their academic and personal goals help ***build the kingdom of God***.

Your Work is Your Ministry



CAREER EXPLORATION: UNDERSTANDING YOUR OPTIONS

Step 1: Understanding Standardized Testing

Step 2: Career Exploration using YouScience

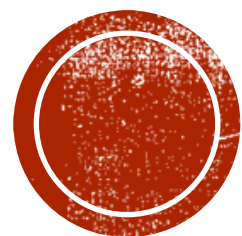
Step 3: Field Trips:

- Small, private university and Career Tech school
- Large, public university and Community school

Step 4: Setting Goals: What Target Are You Aiming For?

Step 5: Prepare for Graduation





UNDERSTANDING COLLEGE / CAREER ENTRANCE EXAMS

ADMISSION MINIMUM REQUIREMENTS

Source: OKCollegestart.com

Research Universities

Oklahoma State University¹ - Score a 24 ACT/1160 SAT² **or** have a 3.0 GPA and rank in the top 33 percent of your class **or** have a 3.0 GPA and a 21 ACT/1060 SAT² **or** score between current OSU admission standards and the minimum State Regents' standards (22 ACT/1020 SAT² or unweighted high school core curriculum GPA of at least 3.0), cognitive factors (60%) and non-cognitive factors (40%).

University of Oklahoma - Applications are evaluated using a holistic admissions process that takes into account academic success as well as several other factors.³ You should fulfill the following requirements: take required high school classes and graduate from an accredited high school or have a GED and take the ACT or SAT exam.

Public Liberal Arts University

University of Science and Arts of Oklahoma - Score a 24 ACT/1160 SAT² and have a 3.0 GPA or rank in the top 50 percent of your class **or** have a 3.0 GPA and rank in the top 25 percent of your class **or** have a 3.0 GPA and an 22 ACT/1100 SAT².

Regional Universities

Score a 20 ACT/1030 SAT² **or** have a 2.7 GPA and rank in the top 50 percent of your class **or** have a 2.7 GPA in the 15 high school core courses required for college entry.

Community Colleges

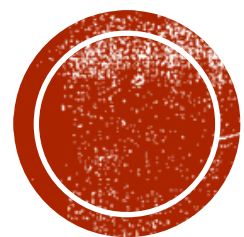
You don't need to make certain scores, but you should fulfill the following requirements: take required high school classes **and** graduate from an accredited high school or have a GED **and** take the ACT or SAT exam.



ACT VS. SAT

- Register for national test @ act. org
 - PreACT – October as 10th grade at school
 - ACT starting in Spring at school
 - English, Math, Reading, Science, Writing (Optional)
 - **Total score range: 1-36**
 - Each section uses a scale of **1-36**. Your total score is the **average** of your four section scores.
 - The optional Writing section uses a scale of 2-12 and does not count toward your final score.
- Register for national test @ sat. org
 - PSAT – October as 10th/11th , National Merit Qualifying test during Junior year
 - Reading, Writing, Math (No calc), Math(w calc), Essay (Optional)
 - **Total score range: 400-1600**
 - The Evidence-Based Reading and Writing (EBRW) and Math sections each use a scale of **200-800** and are combined for a total score.
 - The optional Essay uses three separate scales of 1-8 and does not count toward your final score.





CAREER EXPLORATION



You have some serious talent and awesome career opportunities!

Click on each piece of the pie to explore more about your talents.



You are a 3D Visualizer

- You have a knack for imagining things in 3D.
- You may find that you excel in biology, physics, and design because you can mentally picture how systems work.
- You'll be most satisfied working with physical structures versus with ideas alone.

Explore >






View Career Matches



CAREER MATCHES BASED ON APTITUDES AND INTEREST

Filter by Educational Investment Sort by Fit Type

All 0-3yrs 4yrs 5+yrs Overall Fit **Aptitude Fit** Interest Fit

Genetic Counselor Edu. Investment: 6+YRS Proj. Openings: 1200 Avg. Salary: \$75k  ●●● Strong Overall Fit	School Psychologist Edu. Investment: 7+YRS Proj. Openings: 64k Avg. Salary: \$76k  ●●● Strong Overall Fit	Advanced Practice Psychiatric Nurse Edu. Investment: 6+YRS Proj. Openings: 1088k Avg. Salary: \$71k  ●●● Strong Overall Fit	Nursing Instructor/Professor Edu. Investment: 6+YRS Proj. Openings: 25k Avg. Salary: \$73k  ●●● Strong Overall Fit	Environmental Science Professor Edu. Investment: 7+YRS Proj. Openings: 1800 Avg. Salary: \$89k  ●●● Strong Overall Fit
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CAREER MATCHES BASED ON APTITUDES AND INTEREST

Filter by Educational Investment

Sort by Fit Type

All

0-3yrs

4yrs

5+yrs

Overall Fit

Aptitude Fit

Interest Fit

Genetic Counselor

Edu. Investment	Proj. Openings	Avg. Salary
👁 6+YRS	📉 1200	💰 75k



● ● ● Strong Overall Fit

School Psychologist

Edu. Investment	Proj. Openings	Avg. Salary
👁 7+YRS	📉 64k	💰 76k



● ● ● Strong Overall Fit

Advanced Practice Psychiatric Nurse

Edu. Investment	Proj. Openings	Avg. Salary
👁 6+YRS	📉 1088k	💰 71k



● ● ● Strong Overall Fit

Nursing Instructor/Professor

Edu. Investment	Proj. Openings	Avg. Salary
👁 6+YRS	📉 25k	💰 73k



● ● ● Strong Overall Fit

Environmental Science Professor

Edu. Investment	Proj. Openings	Avg. Salary
👁 7+YRS	📉 1800	💰 89k



● ● ● Strong Overall Fit



CAREER MATCHES BASED ON APTITUDES AND INTEREST

Filter by Educational Investment

Sort by Fit Type

All

0-3yrs

4yrs

5+yrs

Overall Fit

Aptitude Fit

Interest Fit

Genetic Counselor

Edu.	Proj.	Avg.
Investment	Openings	Salary
👁 6+YRS	📄 1200	💰 75k



● ● ● Strong Overall Fit

School Psychologist

Edu.	Proj.	Avg.
Investment	Openings	Salary
👁 7+YRS	📄 64k	💰 76k



● ● ● Strong Overall Fit

Advanced Practice Psychiatric Nurse

Edu.	Proj.	Avg.
Investment	Openings	Salary
👁 6+YRS	📄 1088k	💰 71k



● ● ● Strong Overall Fit

Nursing Instructor/Professor

Edu.	Proj.	Avg.
Investment	Openings	Salary
👁 6+YRS	📄 25k	💰 73k



● ● ● Strong Overall Fit

Environmental Science Professor

Edu.	Proj.	Avg.
Investment	Openings	Salary
👁 7+YRS	📄 1800	💰 89k



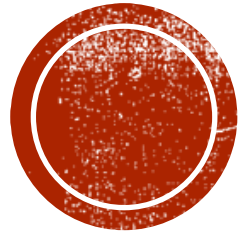
● ● ● Strong Overall Fit



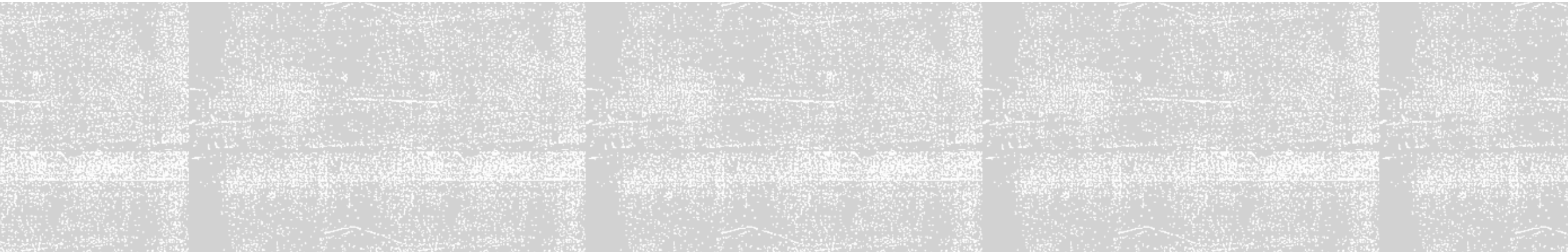


CAREER SEARCH RESULTS

- Career Fits based on Best, Good, Faire
- Gives a detail description of career and how your results fit with career
- Statistics on job availability specific to state and across the nation
- Gives related careers
- Majors associated with career



EXPLORING YOUR POST- SECONDARY OPTIONS



FIELD TRIPS

FALL

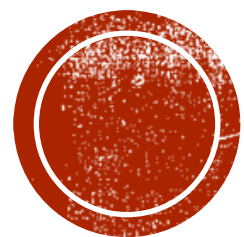
- Small, private school
- Career Tech

SPRING

- Large, public school
- Community College

Reflection: After each visit, students will reflect on their experience as a way to process visit.





GOAL SETTING



WHAT TARGET ARE YOU AIMING FOR?

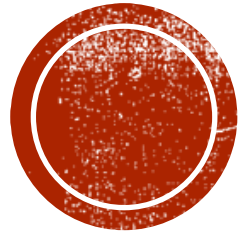
- How does being a Christian affect the goals you set? How are they similar and different from people who are not Christians?
- Where does joy/satisfaction come from?
- Your Work is Your Ministry – Your purpose is fulfilling what God has called you to do in the building of His kingdom
- “The question is not what we intended ourselves to be, but what He intended us to be when He made us.” - C.S. Lewis



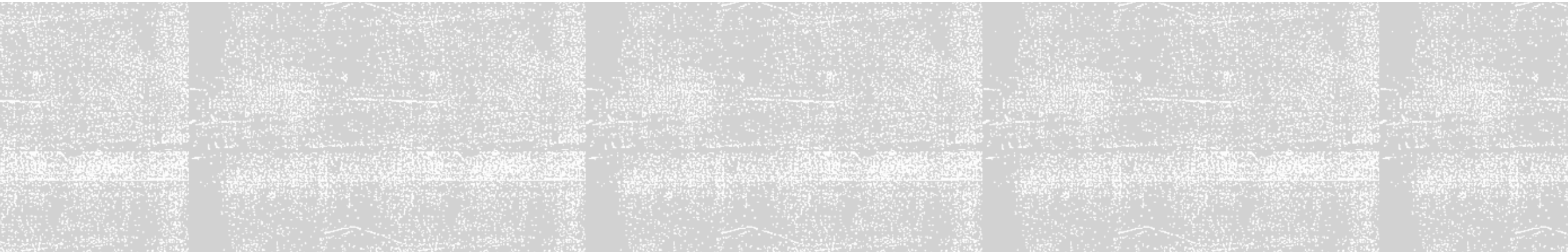
HOW TO WRITE GOALS

- Practice writing goals using the WOOP strategy
- Goals to work toward that apply to any career
 - Soft Skills
- Career Research Goals – Working backwards





PREPARE FOR GRADUATION



TRACK YOUR HIGH SCHOOL CREDITS

SWCS High School Course Worksheet

This worksheet is intended to help students determine the best choices for electives.

MINIMUM GRADUATION REQUIREMENT WORKSHEET

- 4 English credits
- 4 History credits
- 4 Science credits
- 4 Bible credits
- 3 Mathematics credits
- 2 Language credits
- 2 Arts credits
- 4 Electives
- 27 Total Credits

These 27 credits meet the minimum requirements established by Southwest Covenant Schools and the State of Oklahoma for a college preparatory diploma. SWCS highly recommends that any student who desires to compete for academic merit scholarships consider taking an advance math and an upper level computer course. Algebra 1 and Computer 1 taken in eighth grade will count toward graduation credit requirements, but the grade will not be included in the cumulative GPA. Students placed on an accelerated math track in 8th grade must take an advance math course.

INSTRUCTIONS: Record all classes you have taken or plan to take.

8th grade

Record if already taken

- 1. Algebra I 1
- 2. Computer 1 1
- Total 8th grade credits ____

Junior - 11th

- 1. English III 1
- 2. U.S. History 1
- 3. Alg II/Math 1
- 4. Chemistry 1
- 5. Bible 1
- 6. _____
- 7. _____





Oklahoma Academic Scholar program recognizes the outstanding academic achievement of graduating seniors in compliance with State law which became effective in 1986.

Oklahoma Academic Scholars receive a certificate of recognition from the State Board of Education and the local high school, a gold seal affixed to their diploma, and the honor recorded on their official transcript.

Requirements for Recognition as an Oklahoma Academic Scholar

*Average GPA of 3.7 out of 4.0

*ACT composite of 27



RESUME OF ACHIEVEMENTS

- Education
- Leadership Opportunities
- Volunteer/Community Service
- Job experience
- Extracurricular activities
- Contact information

When, How many hours, Skills learned



Search Templates Online

HIGH SCHOOL RESUME

from Resume Genius

contact

123 . 456 . 789



AmeliaRoberts@gmail.com



45 Winfield Dr.
Charleston, SC 90764



Linkedin.com/username



education

CLASS OF 2019, 3.8/4.0 GPA
Heritage High School
Charleston, SC

RELEVANT COURSEWORK

Intro to Business /
Entrepreneurship / Computer
Applications

awards

National Merit Scholarship Finalist
Academic Honor Roll

key skills

Spanish - Conversational



70+ WMP Typist



Google Suite



Customer Service



Project Planning / Budgeting



Public Speaking



career objective

Responsible and ambitious student (3.8/4.0 GPA) with excellent time management. Seeking to apply my customer service abilities and project/event planning skills to the Business Development summer internship at your company. Possess proven communication skills and strong work ethic that will aid your company in meeting its milestones.

volunteer experience

INFORMATION DESK ASSISTANT

MUSC Children's Hospital / 2018 - Present

- Greet hospital patients and visitors and provide guidance in finding the proper patient room, clinic, or various departments
- Process and distribute mail and newspapers to patient rooms
- Assist wheelchair-bound patients in reaching their desired destinations

VOLUNTEER

One80 Place Homeless Shelter / 2016 - 2017

- Organized a successful schoolwide canned food drive that collected 400+ cans in one month (November 2016)
- Assisted in biweekly meal preparation and lunch service on Saturdays
- Processed incoming food donations and organized food pantry, developing new system of grouping items by expiration date to reduce monthly food waste by 15%

extracurriculars

- Model United Nations – President
- Student Council – Secretary
- National Honor Society
- Business Professionals of America



**Digital
Resume like
Raise.me –
Put in school
activities and
classes –
EARN Micro-
Scholarships!
!**

Micro-scholarship Name	Earnings Range	# Colleges Offering
Attend a college fair	\$5 - \$1,000	176
Attend a college's unique event or complete a specific activity	\$5 - \$3,000	30
Attend a summer program	\$10 - \$3,000	84
Attend an off-campus event	\$5 - \$2,000	177
Get a good grade in a course	\$10 - \$1,500	240
Have perfect attendance	\$10 - \$750	164
Hold a leadership position	\$10 - \$1,500	229
Invite your classmates to join Raise.me	\$100	105
Maintain a high GPA	\$5 - \$1,400	235
Participate in an extracurricular activity	\$5 - \$750	216
Play a sport	\$5 - \$600	119
Receive an honor or award	\$10 - \$4,000	168
Score well on an AP test	\$15 - \$2,000	218
Score well on the PSAT or ACT Plan	\$37 - \$8,250	102
Score well on the SAT I or ACT	\$80 - \$68,000	208
Take a challenging class	\$5 - \$3,000	242
Take a Regents exam	\$200 - \$400	1
Take multiple years of a course subject	\$20 - \$200	2
Take several years of a foreign language	\$5 - \$3,000	122
Take the PSAT or ACT Plan	\$5 - \$2,500	79
Take the SAT or ACT	\$5 - \$1,200	6
Visit a college campus	\$10 - \$4,500	220
Volunteer in your community	\$1 - \$75	221
Work at a job or internship	\$5 - \$3,000	63



HOME



CAREER
PLANNING



HIGH SCHOOL
PLANNING



COLLEGE
PLANNING



FINANCIAL AID
PLANNING



YOUR PORTFOLIO



Parents

WHAT'S YOUR CHILD'S
PLAN FOR COLLEGE?



SIGN IN

ACCOUNT NAME:

PASSWORD:

SIGN IN

NEW TO THIS SITE? [CREATE AN ACCOUNT](#)

[FORGOT YOUR ACCOUNT NAME OR PASSWORD?](#)

QUICK LINKS

FIND WHAT YOU NEED TO PLAN & APPLY TO THE SCHOOLS OF YOUR CHOICE.

- > OKLAHOMA'S PROMISE
- > STATE SCHOLARSHIP PROGRAMS
- > COURSES TO TAKE
- > GRADES TO MAKE
- > PLANNER TIMELINE
- > HIGH SCHOOL PLANNER
- > TEST PREP

NEWS & EVENTS

- > 2017-18 OKLAHOMA'S PROMISE ONLINE APPLICATION AVAILABLE - APPLY NOW!
- > 2017 PREPARING FOR COLLEGE BROCHURES AVAILABLE SOON FOR 8TH-12TH-GRADERS

LET'S GET SOCIAL

- > **facebook**
- > **twitter**

WHO ARE YOU?



> MIDDLE SCHOOL STUDENT



> HIGH SCHOOL STUDENT



> COLLEGE STUDENT



> ADULT LEARNER



> PARENT



> EDUCATOR

COLLEGE CURIOUS?

Trico, Northeastern State Univ...



Trico Blue
Hubert, OK
NSU Major: Social Studies Education

www.OKcollegestart.org

1-800-858-1840

WHAT DO YOU THINK?

WHAT IS THE NO. 1 FEATURE YOU LOOK FOR IN CHOOSING A COLLEGE TO ATTEND?

- ☐ CAMPUS SIZE
- ☐ PROGRAMS OFFERED
- ☐ LOCATION
- ☐ CAMPUS LIFE
- ☐ COST
- ☐ OTHER:

> VOTE



[VIEW RESULTS](#)

YOUR PROFILE ➤ **EXPERIENCES AND ACTIVITIES**[PRINT THIS](#) | [E-MAIL THIS](#) | [PDF THIS](#)**EXPERIENCES**> [ADD AN EXPERIENCE](#)**ACTIVITIES**> [ADD AN ACTIVITY](#)**COMMUNITY SERVICE AND SERVICE LEARNING**> [ADD AN EXPERIENCE](#)**PHYSICAL HEALTH ACTIVITIES**> [ADD AN ACTIVITY](#)**AWARDS, DISTINCTIONS, HONORS**> [ADD AN AWARD, DISTINCTION OR HONOR](#)**LEADERSHIP EXPERIENCES**

Describe your experience guiding, directing and influencing others to achieve personal or organizational goals.

These experiences are not about what you have done; they are about what you have helped other people do. They are valuable for college and job applications.

> [ADD A LEADERSHIP EXPERIENCE](#)

- [Importance of Leadership Experiences](#)
- [Finding Leadership Opportunities](#)



SCHOLARSHIPS

- OK Regents Academic Scholars Program
 - Scholarship for attending an Oklahoma college or university
 - Up to eight-semesters
 - Amount depends on the school
 - Ex) OU/OSU/TU ~ \$5500
 - 4 year college ~ \$4000
 - 2 year college ~ \$3500
 - Requirements: Total Sum of ACT scores = 138
 - National Merit or ACT at/above 99.5% automatically qualified
 - Can also be nominated by the university – smaller amount






ACADEMIC SCHOLARSHIPS

ACADEMIC SCHOLARS PROGRAM

The Academic Scholars Program, established by the state Legislature and governor in 1988 and operated by the Oklahoma State Regents for Higher Education, provides scholarships to academically outstanding students who attend an Oklahoma college or university.

Academic Scholars receive a scholarship to help cover the cost of room, board, tuition, books and incidental fees for up to eight semesters. The actual value of the scholarship varies based on the institution the scholar chooses to attend.

This program should not be confused with the Oklahoma State Department of Education's Oklahoma Academic Scholars. Before the creation of the Academic Scholars Program, the State Department of Education had an award called "Oklahoma Academic Scholar." The student has to meet certain criteria to receive this recognition. It should be noted that this is a recognition only, not a scholarship. For more information about the SDE's Academic Scholar program, visit www.ok.gov/sde/academic-scholar-recognition-program .

[Eligibility](#)

[Benefits](#)

[How to Apply](#)





HOME



CAREER
PLANNING



HIGH SCHOOL
PLANNING



COLLEGE
PLANNING



FINANCIAL AID
PLANNING



YOUR PORTFOLIO

FINANCIAL AID 101 | YOUR PLAN | CALCULATORS | SCHOLARSHIPS | FINANCIAL FITNESS

FINANCIAL AID PLANNING



FINANCIAL AID 101

Do you want to go to college, but don't think you can afford it? Does the vast array of options for paying for college seem like a confusing puzzle?

You CAN afford to go to college, and by researching your options, you can build success.

> FINANCIAL AID 101

FINANCIAL AID CALCULATORS

Determine your cost of college, college savings, loans and scholarship amounts.

> FINANCIAL AID CALCULATORS



FIND SCHOLARSHIPS

Here's a quick and painless way of locating scholarships and other financial aid you might be eligible for.

> FIND SCHOLARSHIPS

SIGN IN

ACCOUNT NAME:

PASSWORD:

SIGN IN

NEW TO THIS SITE? [CREATE AN ACCOUNT](#)

[FORGOT YOUR ACCOUNT NAME OR
PASSWORD?](#)

QUICKLINKS

- > FIND A SCHOLARSHIP
- > FINANCIAL AID PLANNING TIMELINE
- > FINANCIAL AID 101 ARTICLES
- > FINANCIAL AID WIZARD





Scholarships by Deadline

January
February
March
April
May
June
July
August
September
October
November
December
Ongoing

Scholarships by Category

Adult Learners

Scholarships

The nature of our work with students, parents and educators leads us to an abundance of scholarship resources. Use our *Scholarship Success Guide* below for help with submitting scholarship applications. Keep in mind all scholarship information listed is subject to change.



Are you an **Oklahoma's Promise** scholarship recipient? If so, we'd love to hear how the program has impacted your life. By **sharing your stories**, we hope to encourage other students to apply for Oklahoma's Promise and start planning for their futures.

Scholarship of the Week

Out-of-the-Box Thinking Scholarship

AutoPets is dedicated to the design and manufacture of highly functional, easy-to-use



PSAT, SAT, AND ACT

- PSAT – Wednesday, October 13th; Cost is \$18
- PSAT/SAT dates and practice available on www.satpractice.org
- ACT: www.act.org to sign up for National testing; Cost is \$60
 - School Test Day – No registration needed – 10th grade Spring
 - Residual ACT – Set up with College
 - ACT prep in 3 steps:
 1. ACT Workshop
 2. Online prep/Practice Tests
 3. One-to-One or small group



COLLEGE CREDIT WHILE IN HIGH SCHOOL

1. Dual Credit: Take class here at school = Get college credit at Colorado Christian University; Take Junior and Senior Year
2. Concurrent Enrollment: Enroll at a college and take classes while in high school; Start summer after sophomore year; Some schools offer a tuition waiver
3. CLEP: Exams you take to receive credit for a college course



CONCURRENT ENROLLMENT

- Apply through college
- School approval

Admission Standards: Juniors and Seniors

Research Universities

Meet **one** of the following:

1. National ACT, Pre-ACT (10th Grade), or Residual ACT¹=24
2. SAT, PSAT 10 or PSAT/NMSQT=1160
3. 3.0 GPA (unweighted) and top 33%²

Regional Universities

Meet **one** of the following:

1. National ACT, Pre-ACT (10th Grade), or Residual ACT¹=20
2. SAT, PSAT 10 or PSAT/NMSQT=1030
3. 3.0 GPA (unweighted) and top 50%²

Community Colleges

Meet **one** of the following:

1. National ACT, Pre-ACT (10th Grade), or Residual ACT¹=19
2. SAT, PSAT 10 or PSAT/NMSQT=990
3. 3.0 GPA (unweighted)²

CLEP

- CLEP exams:
www.collegeboard.org
- College dependent

CLEP Exams

COMPOSITION AND LITERATURE

American Literature
Analyzing and Interpreting
Literature
College Composition
College Composition Modular
English Literature
Humanities

SCIENCE AND MATHEMATICS

Biology
Calculus
Chemistry
College Algebra
College Mathematics
Natural Sciences
Precalculus

BUSINESS

Financial Accounting
Information Systems
Introductory Business Law
Principles of Management
Principles of Marketing

HISTORY AND SOCIAL SCIENCES

American Government
History of the United States I:
Early Colonization to 1877
History of the United States II:
1865 to the Present
Human Growth and Development
Introduction to Educational
Psychology
Introductory Psychology
Introductory Sociology
Principles of Macroeconomics
Principles of Microeconomics
Social Sciences and History
Western Civilization I:
Ancient Near East to 1648
Western Civilization II:
1648 to the Present

WORLD LANGUAGES

French Language
German Language
Spanish Language

