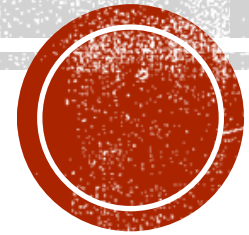


SOPHOMORE COLLEGE INFORMATION

SWCS



www.southwestcovenant.com/academics/ccguidance.cfm

MISSION STATEMENT

- The mission of the Southwest Covenant Guidance Counselor Program is to educate and equip students to..
 - discern their ***unique purpose*** as part of God's creation
 - understand how their academic and personal goals help ***build the kingdom of God***.

Your Work is Your Ministry



CAREER EXPLORATION: UNDERSTANDING YOUR OPTIONS

Step 1: Understanding Standardized Testing

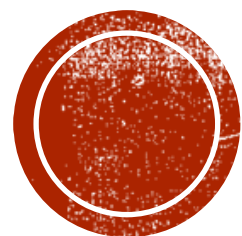
Step 2: Career Exploration

Step 3: Field Trips

Step 4: Setting Goals: What Target Are You Aiming For?

Step 5: Prepare for Graduation





UNDERSTANDING COLLEGE / CAREER ENTRANCE EXAMS

COLLEGE ENTRANCE REQUIREMENTS

- Every school is a little different
- Most schools look at GPA from the transcript, rigor of classes and standardized test scores
- GPA 3.0 minimum for large public
- ACT score depends on school ~ 19 composite w/ GPA or 24 composite for large public



ACT VS. SAT

- Register for national test @ myact.org
- PreACT – October as 10th grade at school
- ACT starting in Spring at school
- English, Math, Reading, Science, Writing (Optional)
- **Total score range: 1-36**
 - Each section uses a scale of **1-36**. Your total score is the **average** of your four section scores.
 - The optional Writing section uses a scale of 2-12 and does not count toward your final score.

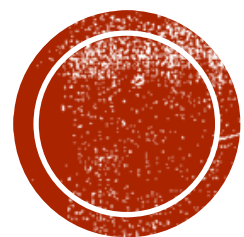
- Register for national test @ sat.org
- PSAT – October as 10th/11th, National Merit Qualifying test during Junior year
- Reading/Writing, Math - Digital
- **Total score range: 400-1600**
 - The Evidence-Based Reading and Writing (EBRW) and Math sections each use a scale of **200-800** and are combined for a total score.



PSAT, SAT, AND ACT

- PSAT – Wednesday, October 15th; Cost is \$18
- PSAT/SAT dates and practice available on www.satpractice.org
- ACT: www.act.org to sign up for National testing;
 - School Test Day – No registration needed – 10th grade Spring - \$56
 - Residual ACT – Set up with College
 - ACT prep:
 1. PreACT
 2. ACT Workshop
 3. Online prep/Practice Tests
 4. One-to-One or small group





CAREER EXPLORATION

OKCOLLEGESTART.COM

OKCOLLEGESTART.ORG
CLICK • COMPARE • CHOOSE



Career



High School



College



Financial Aid



Portfolio

4/9

Activities

High School

Discover careers, then build your plan for high school and beyond!



10th Grade College-Career Prep

✓ My Progress

4 out of 9



Helpful Links

- [Oklahoma's Promise](#)
- [Concurrent Enrollment](#)
- [Virtual Campus Tours](#)
- [College Admission Requirements](#)
- [High School Planning Timeline](#)
- [Explore Postsecondary Schools](#)
- [Scholarship Search](#)
- [UCanGo2.org](#)
- [StartWithFAFSA.org](#)



Resources

- [Oklahoma's Promise for High School Students](#)
- [College Basics](#)
- [Financial Aid Publications](#)
- [College Readiness Publications](#)
- [Critical Occupations](#)
- [Spanish Assistance & Resources](#)



Where do you plan to live while attending college?

- ☐ On-Campus Housing
- ☐ Off-Campus Housing
- ☐ With Parents
- ☐ With Friends or Relatives
- ☐ Other:

Vote



Career



High School



College



Financial Aid



Portfolio

4/9

Activities

🔍 Help

Career Planning



Learn About Yourself

Discover your interests, skills, and work values! Then match them to careers.



Explore Careers

Search for careers that match who you are, your goals, and plans.



Get a Job

Create resumes, practice your interview skills, and more!

Quicklinks

[Interest Profiler >](#)
[Career Plan Builder >](#)
[Career Finder >](#)
[Resume Builder >](#)

UpskillOK



Micro-credentials help individuals adapt and succeed, equipping both students pursuing a degree and current degree-holders with specific career skillsets, competencies, and knowledge that can be readily transferred to fill critical workforce needs. Visit UpskillOK.org today!

Your Portfolio

[Career Planning index page >](#)
[Career Cluster Survey >](#)

- Health Science

[Saved Careers >](#)

- Instructional Coordinator

[Work Values >](#)

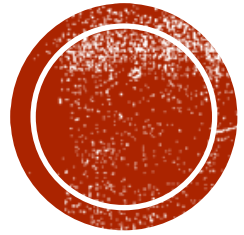
- Support
- Achievement





CAREER SEARCH RESULTS

- Career Fits based on Best, Good, Fair
- Gives a detail description of career and how your results fit with career
- Statistics on job availability specific to state and across the nation
- Gives related careers
- Majors associated with career



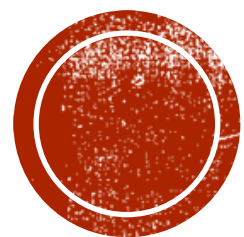
EXPLORING YOUR POST- SECONDARY OPTIONS



FIELD TRIP

- See representative campuses available
 - CV Tech
 - Small campus
 - Large Campus
 - Community College





GOAL SETTING



WHAT TARGET ARE YOU AIMING FOR?

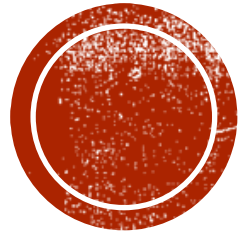
- How does being a Christian affect the goals you set? How are they similar and different from people who are not Christians?
- Where does joy/satisfaction come from?
- Your Work is Your Ministry – Your purpose is fulfilling what God has called you to do in the building of His kingdom
- “The question is not what we intended ourselves to be, but what He intended us to be when He made us.” - C.S. Lewis



HOW TO WRITE GOALS

- Practice writing goals
- Goals to work toward that apply to any career
 - Soft Skills
- Career Research Goals – Working backwards





PREPARE FOR GRADUATION



TRACK YOUR HIGH SCHOOL CREDITS

SWCS High School Course Worksheet

This worksheet is intended to help students determine the best choices for electives.

MINIMUM GRADUATION REQUIREMENT WORKSHEET

- 4 English credits
- 4 History credits
- 4 Science credits
- 4 Bible credits
- 3 Mathematics credits
- 2 Language credits
- 2 Arts credits
- 4 Electives
- 27 Total Credits

These 27 credits meet the minimum requirements established by Southwest Covenant Schools and the State of Oklahoma for a college preparatory diploma. SWCS highly recommends that any student who desires to compete for academic merit scholarships consider taking an advance math and an upper level computer course. Algebra 1 and Computer 1 taken in eighth grade will count toward graduation credit requirements, but the grade will not be included in the cumulative GPA. Students placed on an accelerated math track in 8th grade must take an advance math course.

INSTRUCTIONS: Record all classes you have taken or plan to take.

8th grade

Record if already taken

- 1. Algebra I 1
- 2. Computer 1 1
- Total 8th grade credits ____

Junior - 11th

- 1. English III 1
- 2. U.S. History 1
- 3. Alg II/Math 1
- 4. Chemistry 1
- 5. Bible 1
- 6. _____
- 7. _____



VALEDICTORIAN/SALUTATORIAN

- Valedictorian honor goes to student with the highest GPA
- Salutatorian goes to students whose GPA is 3.85 or higher





Oklahoma Academic Scholar program recognizes the outstanding academic achievement of graduating seniors in compliance with State law which became effective in 1986.

Oklahoma Academic Scholars receive a certificate of recognition from the State Board of Education and the local high school, a gold seal affixed to their diploma, and the honor recorded on their official transcript.

Requirements for Recognition as an Oklahoma Academic Scholar

*Average GPA of 3.7 out of 4.0

*ACT composite of 27



RESUME OF ACHIEVEMENTS

- Education
- Leadership Opportunities
- Volunteer/Community Service
- Job experience
- Extracurricular activities
- Contact information

When, How many hours, Skills learned



HIGH SCHOOL RESUME

from Resume Genius

- Model United Nations – President
- Student Council – Secretary
- National Honor Society
- Business Professionals of America



**Digital
Resume like
Raise.me –
Put in school
activities and
classes –
EARN Micro-
Scholarships!
!**

Micro-scholarship Name	Earnings Range	# Colleges Offering
Attend a college fair	\$5 - \$1,000	176
Attend a college's unique event or complete a specific activity	\$5 - \$3,000	30
Attend a summer program	\$10 - \$3,000	84
Attend an off-campus event	\$5 - \$2,000	177
Get a good grade in a course	\$10 - \$1,500	240
Have perfect attendance	\$10 - \$750	164
Hold a leadership position	\$10 - \$1,500	229
Invite your classmates to join Raise.me	\$100	105
Maintain a high GPA	\$5 - \$1,400	235
Participate in an extracurricular activity	\$5 - \$750	216
Play a sport	\$5 - \$600	119
Receive an honor or award	\$10 - \$4,000	168
Score well on an AP test	\$15 - \$2,000	218
Score well on the PSAT or ACT Plan	\$37 - \$8,250	102
Score well on the SAT I or ACT	\$80 - \$68,000	208
Take a challenging class	\$5 - \$3,000	242
Take a Regents exam	\$200 - \$400	1
Take multiple years of a course subject	\$20 - \$200	2
Take several years of a foreign language	\$5 - \$3,000	122
Take the PSAT or ACT Plan	\$5 - \$2,500	79
Take the SAT or ACT	\$5 - \$1,200	6
Visit a college campus	\$10 - \$4,500	220
Volunteer in your community	\$1 - \$75	221
Work at a job or internship	\$5 - \$3,000	63

SCHOLARSHIP SEARCHING

■ OK Regents Academic Scholars Program

- Scholarship for attending an Oklahoma college or university
Up to eight-semesters
- Amount depends on the school
 - Ex) OU/OSU ~ \$6000
 - 4 year college ~ \$4500
 - 2 year college ~ \$4000
- Requirements: Total Sum of ACT scores = 137
 - National Merit or ACT at/above 99.5% automatically qualified
- Also, can qualify for a smaller scholarship through Institutional Nomination ~\$3500
- Apply at www.okhighered.org/academic-scholars
- Transferrable





ACADEMIC SCHOLARSHIPS

ACADEMIC SCHOLARS PROGRAM

The Academic Scholars Program, established by the state Legislature and governor in 1988 and operated by the Oklahoma State Regents for Higher Education, provides scholarships to academically outstanding students who attend an Oklahoma college or university.

Academic Scholars receive a scholarship to help cover the cost of room, board, tuition, books and incidental fees for up to eight semesters. The actual value of the scholarship varies based on the institution the scholar chooses to attend.

This program should not be confused with the Oklahoma State Department of Education's Oklahoma Academic Scholars. Before the creation of the Academic Scholars Program, the State Department of Education had an award called "Oklahoma Academic Scholar." The student has to meet certain criteria to receive this recognition. It should be noted that this is a recognition only, not a scholarship. For more information about the SDE's Academic Scholar program, visit www.ok.gov/sde/academic-scholar-recognition-program.

[Eligibility](#)

[Benefits](#)

[How to Apply](#)





HOME



CAREER
PLANNING



HIGH SCHOOL
PLANNING



COLLEGE
PLANNING



FINANCIAL AID
PLANNING



YOUR PORTFOLIO

[FINANCIAL AID 101](#) [YOUR PLAN](#) [CALCULATORS](#) [SCHOLARSHIPS](#) [FINANCIAL FITNESS](#)

FINANCIAL AID PLANNING



FINANCIAL AID 101

Do you want to go to college, but don't think you can afford it? Does the vast array of options for paying for college seem like a confusing puzzle?

You CAN afford to go to college, and by researching your options, you can build success.

> [FINANCIAL AID 101](#)

FINANCIAL AID CALCULATORS

Determine your cost of college, college savings, loans and scholarship amounts.

> [FINANCIAL AID CALCULATORS](#)



FIND SCHOLARSHIPS

Here's a quick and painless way of locating scholarships and other financial aid you might be eligible for.

> [FIND SCHOLARSHIPS](#)

SIGN IN

ACCOUNT NAME:

PASSWORD:

[SIGN IN](#)

NEW TO THIS SITE? [CREATE AN ACCOUNT](#)

[FORGOT YOUR ACCOUNT NAME OR
PASSWORD?](#)

QUICKLINKS

- > [FIND A SCHOLARSHIP](#)
- > [FINANCIAL AID PLANNING TIMELINE](#)
- > [FINANCIAL AID 101 ARTICLES](#)
- > [FINANCIAL AID WIZARD](#)



COLLEGE CREDIT WHILE IN HIGH SCHOOL

1. Dual Credit: Take class here at school = Get college credit at Colorado Christian University; Take Junior and Senior Year - *DEADLINES are late in the semester*
2. Concurrent Enrollment: Enroll at a college and take classes while in high school; Start summer after sophomore year; Some schools offer a tuition waiver – *DEADLINES are before the semester*
3. CLEP: Exams you take to receive credit for a college course



CONCURRENT ENROLLMENT

- Apply through college
- School approval



CLEP

- CLEP exams:
www.collegeboard.org
- College dependent

CLEP Exams

COMPOSITION AND LITERATURE

American Literature
Analyzing and Interpreting
Literature
College Composition
College Composition Modular
English Literature
Humanities

SCIENCE AND MATHEMATICS

Biology
Calculus
Chemistry
College Algebra
College Mathematics
Natural Sciences
Precalculus

BUSINESS

Financial Accounting
Information Systems
Introductory Business Law
Principles of Management
Principles of Marketing

HISTORY AND SOCIAL SCIENCES

American Government
History of the United States I:
Early Colonization to 1877
History of the United States II:
1865 to the Present
Human Growth and Development
Introduction to Educational
Psychology
Introductory Psychology
Introductory Sociology
Principles of Macroeconomics
Principles of Microeconomics
Social Sciences and History
Western Civilization I:
Ancient Near East to 1648
Western Civilization II:
1648 to the Present

WORLD LANGUAGES

French Language
German Language
Spanish Language

