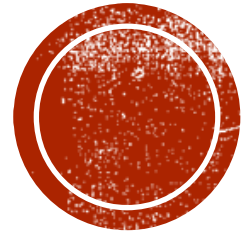


# COLLEGE EXPLORATION

**Juniors**



[www.southwestcovenant.com/academics/ccguidance.cfm](http://www.southwestcovenant.com/academics/ccguidance.cfm)

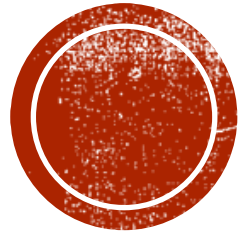


# **COLLEGE EXPLORATION:**

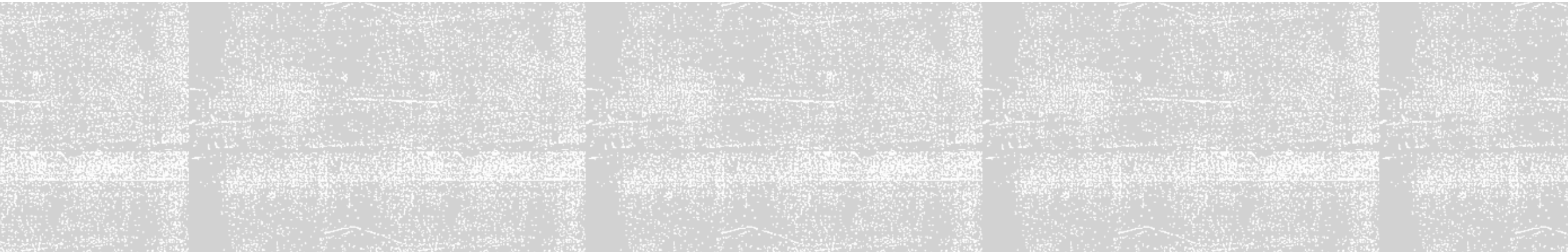
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# **CONNECTING CAREER AND EDUCATION**

What steps do I need to take in order to decide about my future career choice?



# COLLEGE FIT GAME



# MISSION STATEMENT

- The mission of the Southwest Covenant Guidance Counselor Program is to educate and equip students to..
  - discern their ***unique purpose*** as part of God's creation
  - understand how their academic and personal goals help ***build the kingdom of God***.

**Your Work is Your Ministry**



“The place God  
calls you to is the  
place where your  
deep gladness and  
the world’s deep  
hunger meet.”

**FREDRICK  
BUECHNER**



# HOW DOES THIS RELATE TO COLLEGE/CAREER EXPLORATION?


- Your journey will be different than your fellow classmates.
- Narrow the focus: What is the next step?
  - Find a college community you feel you will belong in and thrive in.
  - Where I will be encouraged to develop as a believer in Christ?
  - Where I can invest my time and effort in the honoring the Lord with my mind?







# PROVERBS 15:22



Plans fail for  
lack of  
counsel, but  
with many  
advisors  
they  
succeed.

# PROV 19:21

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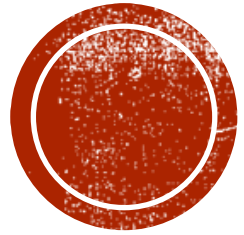
Many are the plans in the mind of man, but it is  
the purpose of the Lord that will stand.





**BOB GOFF**

“Tell me about the God you love; tell me about what He has inspired uniquely in you; tell me about what you’re going to do about it and a plan for your life will be pretty easy to figure out from there.”



# **EXPLORE COLLEGE / CAREER OPTIONS**



**STEP 1: EXPLORE YOUR MAJOR/CAREER**

**STEP 2: MAKE-OR-BREAK CRITERIA**

**STEP 3: MAKE YOUR LIST**

**STEP 4: RESEARCH, RESEARCH, RESEARCH**

**STEP 5: COLLEGE VISIT**

**STEP 6: PREPARE FOR GRADUATION**



# STEP 1: EXPLORE YOUR MAJOR

- **Research a few *possible* fields of study that you may want to pursue in college.**
  - YOUScience



Browse, Save and Rank Careers

All Careers

Saved Careers

★ 0

Search

Filter by Educational Investment

Sort by Fit Type

- All
- 0-3yrs
- 4yrs
- 5+yrs
- Overall Fit
- Aptitude Fit
- Interest Fit

Genetic Counselor

Edu. Investment


6+YRS

Proj. Openings

1200

Avg. Salary

\$ 75k



● ● ● Strong Overall Fit

★ Save Career

School Psychologist

Edu. Investment


7+YRS

Proj. Openings

64k

Avg. Salary

\$ 76k



● ● ● Strong Overall Fit

★ Save Career

Advanced Practice Psychiatric Nurse

Edu. Investment


6+YRS

Proj. Openings

1088k

Avg. Salary

\$ 71k



● ● ● Strong Overall Fit

★ Save Career

Nursing Instructor/Professor

Edu. Investment


6+YRS

Proj. Openings

25k

Avg. Salary

\$ 73k



● ● ● Strong Overall Fit

★ Save Career

Environmental Science Professor

Edu. Investment


7+YRS

Proj. Openings

1800

Avg. Salary

\$ 89k





● ● ● Strong Overall Fit

★ Save Career




## Best Majors or Career Programs




**Psychology, General**


Related Careers	Related Majors
18	1
<a href="#">Explore</a>	

**Developmental and Child Psychology**

Related Careers	Related Majors
2	8
<a href="#">Explore</a>	

**School Psychology**

Related Careers	Related Majors
3	14
<a href="#">Explore</a>	



—





# STEP 1: EXPLORE YOUR MAJOR

- **Research a few *possible* fields of study that you may want to pursue in college.**
  - YOUScience
- **Tips for choosing possible majors: Here are a few questions you should ask yourselves...**
  - What are my favorite classes?
  - What are my favorite hobbies/extracurricular activities?
  - What do career/personality assessment tests usually suggest for me? ([collegeboard.com](http://collegeboard.com); [princetonreview.com](http://princetonreview.com))
  - What do I love doing?
  - *Where* do I see myself for the rest of my life?
  - *What* do I see myself doing for the rest of my life?



## Ten Fastest Growing Occupations in Oklahoma Requiring a Bachelor's Degree

Occupation	Average Hourly Salary	Average Annual Salary
Operations Research Analysts	\$30.33	\$63,090
Software Developers, Applications	\$40.82	\$84,900
Athletic Trainers	\$22.51	\$46,820
Market Research Analysts and Marketing Specialists	\$25.72	\$53,490
Actuaries	\$49.46	\$102,880
Film and Video Editors	\$18.76	\$39,030
Financial Managers	\$46.43	\$96,580
Information Security Analysts	\$37.50	\$78,010
Museum Technicians and Conservators	\$14.79	\$30,770
Geoscientists, Except Hydrologists and Geographers	\$54.66	\$113,690

## Ten Fastest Growing Occupations in Oklahoma Requiring an Associate Degree

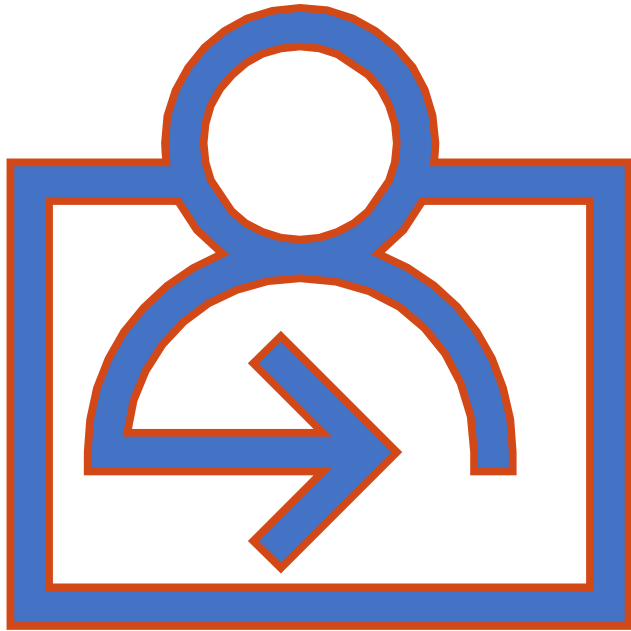
Occupation	Average Hourly Salary	Average Annual Salary
Radio, Cellular and Tower Equipment Installers and Repairers	\$23.18	\$48,210
Respiratory Therapists	\$26.24	\$54,580
Occupational Therapy Assistants	\$28.99	\$60,310
Physical Therapist Assistants	\$28.94	\$60,200
Veterinary Technologists and Technicians	\$13.23	\$27,510
Diagnostic Medical Sonographers	\$33.13	\$68,920
Geological and Petroleum Technicians	\$22.01	\$45,790
Paralegals and Legal Assistants	\$21.95	\$45,660
Avionics Technicians	\$28.08	\$58,410
Computer Network Support Specialists	\$28.83	\$59,970

*Source: U.S. Department of Labor, Employment and Training Administration*

# STEP 1: EXPLORE YOUR MAJOR/CAREER

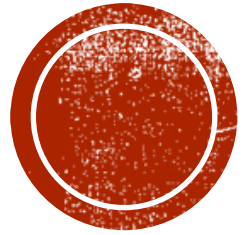
- **Find someone in your field of interest and interview them**
  - Career Shadowing – Informational Interviewing





# Career Informational Interviewing Questions





# **CAREERS AND MAJORS YOUSCIENCE ACTIVITY**





# STEP 2: MAKE-OR-BREAK CRITERIA

## **Institution type:**

- Public
- Private
- Vocational/specialized
- 4-year
- 2-year

## **Degrees:**

- A.A., B.A., B.S., M.A., M.S., Ph.D., Certificates, etc.

## **Majors and minors offered:**

- Do the majors offered match *your* interests?

## **Academic focus of campus:**

- Popular majors (and percentage of students in each major)

## **General education and major curricula:**

- Structured vs. individualized



▣ **Campus/enrollment size:**

- Large vs. small classes

▣ **Faculty:**

- Number, background, mentors

▣ **Campus quality/reputation:**

- National rankings
- Alumni advice
- *Note of caution: Campus reputation is highly subjective and should not be one's ultimate priority.*

▣ **Geographic location:**

- Distance from home
- In-state vs. out-of-state

▣ **Campus and community setting:**

- Urban vs. rural
- Safety
- Surrounding resources (stores, eateries, residential areas)

▣ **Housing:**

- Availability



▣ **Campus resources available:**

- Libraries
- Computer labs
- Food and social quads

▣ **Social life:**

- Sororities and fraternities
- Student involvement

▣ **Extracurricular activities offered:**

- Sports (Division I, II, III)
- Creative and performing arts (theatre, music, dance, art, design, etc.)
- Clubs and student organizations (i.e. social justice, social networking, environmental conservation, etc.)



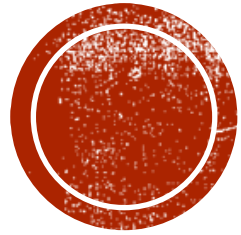
▣ **Costs:**

- Tuition fees
- Room and board
- Books and supplies
- Basic living costs

▣ **Financial aid offered:**

- Financial aid package (March-June)
- Federal/state grants (FAFSA)
- Campus grants (supplementary forms?)
- Scholarships (campus-based and external)
- Loans





# JUNIOR CONFERENCE QUESTIONNAIRE



# STEP 3: CREATE YOUR LIST

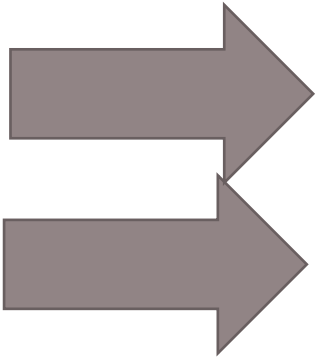
- Compile a list of colleges that fulfill the criteria that is most important to you
- Browse The Guide to Christian Colleges and Universities
- Browse websites like Big Future by College Board
- Learn about different schools at lunch during a college visit/college fairs





# COLLEGE/CAREER FAIRS

Date	Location	Time
September 13	Virtual College Fair – virtualcollegefairs.org	11:00 AM – 7:00 PM
September 23	SWCS College Fair	2:00 PM – 3:35 PM
October 1	Christian College Fair – Crossing Community School	6:30 PM – 8:30 PM
October 12	Virtual College Fair – virtualcollegefairs.org	12:00 PM – 8:00 PM
October 18	Virtual College Fair – virtualcollegefairs.org	11:00 PM – 7:00 PM



# STEP 4: RESEARCH, RESEARCH, RESEARCH

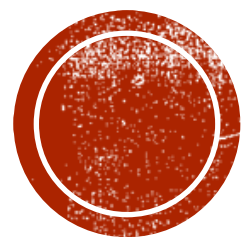
- Investigate each college: Organize the information so you can compare colleges
- Narrow your list down to a few “dream” schools, “possible” schools and “safe” schools



# STEP 5: COLLEGE VISITS

- The only way to really get the feel of a campus is to visit a school
- Many schools will offer housing and possibly airfare
- Juniors are allowed 2 college visits per year as activity absences
- Online College Visitation Request Form– 2 weeks prior to visit; Printable Verification form during visit
- No absences in May or during school events
- Only 2 students allowed to go the same day, same campus





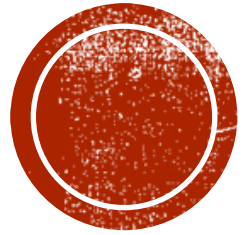
# **COLLEGE COMPARISON WS**



# STEP 6: PREPARE FOR GRADUATION

- Part 1: Track High School Credits for Graduation
- Part 2: Resume
- Part 3: College Admission Requirements – Testing/GPAs
- Part 4: Scholarship/Leadership Opportunities Search
- Part 5: College Credit





# **PREPARE FOR GRADUATION**

## **\*HIGH SCHOOL CREDITS**





# SWCS High School Course Worksheet

This worksheet is intended to help students determine the best choices for electives.

---

## MINIMUM GRADUATION REQUIREMENT WORKSHEET

4	English credits	These 27 credits meet the minimum requirements established by Southwest Covenant Schools and the State of Oklahoma for a college preparatory diploma. SWCS highly recommends that any student who desires to compete for academic merit scholarships consider taking an advance math and an upper level computer course. Algebra 1 and Computer 1 taken in eighth grade will count toward graduation credit requirements, but the grade will not be included in the cumulative GPA. Students placed on an accelerated math track in 8 <sup>th</sup> grade must take an advance math course.
4	History credits	
4	Science credits	
4	Bible credits	
3	Mathematics credits	
2	Language credits	
2	Arts credits	
<u>4</u>	<u>Electives</u>	
<b>27</b>	<b>Total Credits</b>	

---

**INSTRUCTIONS:** Record all classes you have taken or plan to take.

### 8<sup>th</sup> grade

*Record if already taken*

1. Algebra I ..... 1
2. Computer 1 ..... 1
- Total 8<sup>th</sup> grade credits* \_\_\_\_

### Junior - 11<sup>th</sup>

1. English III ..... 1
2. U.S. History ..... 1
3. Alg. II/Math ..... 1
4. Chemistry ..... 1
5. Bible ..... 1
6. \_\_\_\_\_



# VALEDICTORIAN/SALUTATORIAN

- Valedictorian honor goes to student with the highest GPA
- Salutatorian goes to students whose GPA is 3.85 or higher





Oklahoma Academic Scholar program recognizes the outstanding academic achievement of graduating seniors in compliance with State law which became effective in 1986.

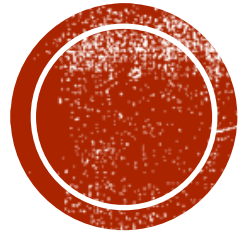
Oklahoma Academic Scholars receive a certificate of recognition from the State Board of Education and the local high school, a gold seal affixed to their diploma, and the honor recorded on their official transcript.

Requirements for Recognition as an Oklahoma Academic Scholar

\*Average GPA of 3.7 out of 4.0

\*ACT composite of 27





# **PREPARE FOR GRADUATION**

## **\*RESUME**



# Raise.me allows high school students to **earn scholarships** from colleges **for their achievements** in and out of the classroom.

Starting in 9th grade, students can be eligible to start earning scholarships for their achievements in and out of the classroom, like getting good grades, having perfect attendance, leadership roles, participating in sports & clubs, community service, test scores, and more.

**On Raise.me, students can:**

---



## **Discover Colleges**

Learn about and follow colleges that might be a good fit



## **Build a Portfolio**

Add high school courses, grades, sports, extra-curriculars, achievements, and more



## **Earn Scholarships**

Watch their earnings from colleges pile up automatically as they add to their portfolio

Micro-scholarship Name	Earnings Range	# Colleges Offering
Attend a college fair	\$5 - \$1,000	176
Attend a college's unique event or complete a specific activity	\$5 - \$3,000	30
Attend a summer program	\$10 - \$3,000	84
Attend an off-campus event	\$5 - \$2,000	177
Get a good grade in a course	\$10 - \$1,500	240
Have perfect attendance	\$10 - \$750	164
Hold a leadership position	\$10 - \$1,500	229
Invite your classmates to join Raise.me	\$100	105
Maintain a high GPA	\$5 - \$1,400	235
Participate in an extracurricular activity	\$5 - \$750	216
Play a sport	\$5 - \$600	119
Receive an honor or award	\$10 - \$4,000	168
Score well on an AP test	\$15 - \$2,000	218
Score well on the PSAT or ACT Plan	\$37 - \$8,250	102
Score well on the SAT I or ACT	\$80 - \$68,000	208
Take a challenging class	\$5 - \$3,000	242
Take a Regents exam	\$200 - \$400	1
Take multiple years of a course subject	\$20 - \$200	2
Take several years of a foreign language	\$5 - \$3,000	122
Take the PSAT or ACT Plan	\$5 - \$2,500	79
Take the SAT or ACT	\$5 - \$1,200	6
Visit a college campus	\$10 - \$4,500	220
Volunteer in your community	\$1 - \$75	221
Work at a job or internship	\$5 - \$3,000	63



# Courses

2017-2018

College Level US History I 1.0 Credits

Q1

2016-2017

Biology 1.0 Credits

Q1 Q2 Q3 Q4 Final

English 2 1.0 Credits

Q1 Q2 Q3 Q4 Final

Spanish 1 1.0 Credits

Q1 Q2 Q3 Q4 Final

World History 1.0 Credits

Q1 Q2 Q3 Q4 Final

Algebra II 1.0 Credits

Q1 Q2 Q3 Q4 Final

2015-2016

Geometry 1.0 Credits

Oklahoma History 0.5 Credits



Hawai'i Pacific University

**\$27,171**

\$6,792 per year



Houston Baptist University

**\$40,226**

\$10,056 per year



Loyola Marymount University

**\$4,255**

\$1,063 per year



Northumbria University

**\$1,971**

\$492 per year



Texas Christian University

**\$10,670**

\$2,667 per year



Texas Tech University

**\$1,821**

\$455 per year



The University of Tampa

**\$19,318**

\$4,829 per year



University of Denver

**\$24,762**

\$6,190 per year



University of Kansas

**\$15,125**

\$3,781 per year



University of Toronto

**\$577**

\$144 per year



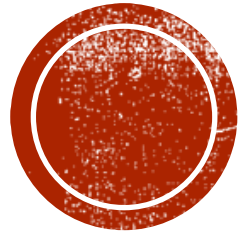
Washington & Jefferson  
College

**\$53,905**

\$13,476 per  
year

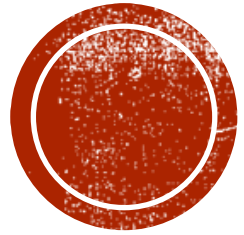






# **SAMPLE RESUME HANDOUT**





# **PREPARE FOR GRADUATION**

## **\*ADMISSIONS**



# ADMISSION REQUIREMENTS

## ■ **RESEARCH UNIVERSITIES**

- ***Oklahoma State University*<sup>1</sup>** - Score a 24 ACT/1160 SAT<sup>2</sup> or 1090 SAT<sup>3</sup> **or** have a 3.0 GPA and rank in the top 33 percent of your class **or** have a 3.0 GPA<sup>4</sup> in the 15-unit core and a 21 ACT/1060 SAT<sup>2</sup> or 980 SAT<sup>3</sup>.
- ***University of Oklahoma*<sup>5</sup>** - Score a 24 ACT/1160 SAT<sup>2</sup> or 1090 SAT<sup>3</sup> and have a 3.0 GPA or rank in the top 50 percent of your class **or** have a 3.0 GPA and rank in the top 25 percent of your class.

## ■ **PUBLIC LIBERAL ARTS UNIVERSITY**

- ***University of Science and Arts of Oklahoma*** - Score a 24 ACT/1160 SAT<sup>2</sup> or 1090 SAT<sup>3</sup> and have a 3.0 GPA or rank in the top 50 percent of your class **or** have a 3.0 GPA and rank in the top 25 percent of your class **or** have a 3.0 GPA<sup>4</sup> in the 15-unit core and an 22 ACT/1100 SAT<sup>2</sup> or 1020 SAT<sup>3</sup>.

## ■ **REGIONAL UNIVERSITIES**

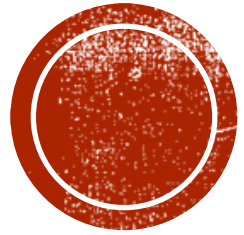
- Score a 20 ACT/1020 SAT<sup>2</sup> or 940 SAT<sup>3</sup> **or** have a 2.7 GPA and rank in the top 50 percent of your class **or** have a 2.7 GPA<sup>4</sup> in the 15-unit core.



# PSAT, SAT, AND ACT

- PSAT – Wednesday, October; Cost is \$17
- PSAT/SAT dates and practice available on [www.satpractice.org](http://www.satpractice.org)
- ACT DATES; [www.act.org](http://www.act.org) to sign up
  - Residual ACT
  - ACT prep in 3 steps: 1. ACT Workshop
  - 2. Online prep/Practice Tests – [academy.act.org](http://academy.act.org)
  - 3. One-to-One or small group





# **PREPARE FOR GRADUATION**

## **\*FINANCES**



# SCHOLARSHIPS

- OK Regents Academic Scholars Program
  - Scholarship for attending an Oklahoma college or university
  - Up to eight-semesters
  - Amount depends on the school
    - Ex) OU/OSU/TU ~ \$5500
    - 4 year college ~ \$4000
    - 2 year college ~ \$3500
  - Requirements: Total Sum of ACT scores = 135
    - National Merit or ACT at/above 99.5% automatically qualified
    - Can also be nominated by the university – smaller amount





HOME



CAREER  
PLANNING



HIGH SCHOOL  
PLANNING



COLLEGE  
PLANNING



FINANCIAL AID  
PLANNING



YOUR PORTFOLIO

FINANCIAL AID 101 | YOUR PLAN | CALCULATORS | SCHOLARSHIPS | FINANCIAL FITNESS

## FINANCIAL AID PLANNING



### FINANCIAL AID 101

Do you want to go to college, but don't think you can afford it? Does the vast array of options for paying for college seem like a confusing puzzle?

You CAN afford to go to college, and by researching your options, you can build success.

> FINANCIAL AID 101

### FINANCIAL AID CALCULATORS

Determine your cost of college, college savings, loans and scholarship amounts.

> FINANCIAL AID CALCULATORS



### FIND SCHOLARSHIPS

Here's a quick and painless way of locating scholarships and other financial aid you might be eligible for.

> FIND SCHOLARSHIPS

### SIGN IN

ACCOUNT NAME:

PASSWORD:

SIGN IN

NEW TO THIS SITE? [CREATE AN ACCOUNT](#)

[FORGOT YOUR ACCOUNT NAME OR  
PASSWORD?](#)

### QUICKLINKS

- > FIND A SCHOLARSHIP
- > FINANCIAL AID PLANNING TIMELINE
- > FINANCIAL AID 101 ARTICLES
- > FINANCIAL AID WIZARD







## Scholarships by Deadline

January  
February  
March  
April  
May  
June  
July  
August  
September  
October  
November  
December  
Ongoing

## Scholarships by Category

Adult Learners

# Scholarships

The nature of our work with students, parents and educators leads us to an abundance of scholarship resources. Use our *Scholarship Success Guide* below for help with submitting scholarship applications. Keep in mind all scholarship information listed is subject to change.

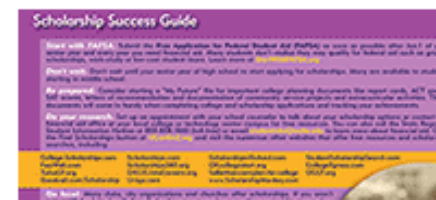


Are you an **Oklahoma's Promise** scholarship recipient? If so, we'd love to hear how the program has impacted your life. By **sharing your stories**, we hope to encourage other students to apply for Oklahoma's Promise and start planning for their futures.

## Scholarship of the Week

## Out-of-the-Box Thinking Scholarship

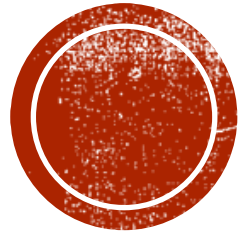
AutoPets is dedicated to the design and manufacture of highly functional, easy-to-use



# WHERE TO LOOK?

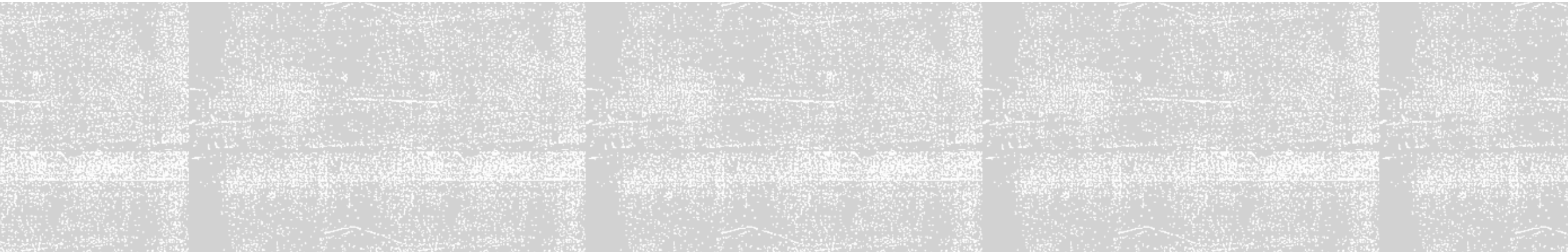
- Need-based or Merit-based
- Places of association like local banks, businesses, insurance companies, social clubs, places of employment
- Military – Active and Veterans
- Ethnic heritage
- Health backgrounds
- Specific majors/professional careers
- Family circumstances like adoption or foster care





# **PREPARE FOR GRADUATION**

## **\*COLLEGE CREDIT**



# COLLEGE CREDIT

- Dual Credit Program: Colorado Christian University - \$200 per course

SWCS Course	CCU Equivalent course	Credits	Semester	Instructor
<b>American Gov't (Seniors)</b>	POL-207: Introduction to American Politics	3	Fall	Mrs. Houts
<b>English IV (Seniors)</b>	ENG 102-English Composition	3	Fall	Mrs. Edmondson
<b>US History to 1865 (Juniors)</b>	HIS-205: American History	3	Fall	Mrs. Houts
<b>US History 1865-Present (Juniors)</b>	HIS-206: The Making of Modern America	3	Spring	Mrs. Houts
<b>Macroeconomics (Seniors)</b>	ECO-215: Economics	3	Spring	Mrs. Houts



# COLLEGE CREDIT

- Dual Credit Program: Colorado Christian University - \$200 per course
- Students will make application and payment directly to CCU.
- **CCU Dual Credit Course Registration dates:**

	<b><u>Fall</u></b>	<b><u>Spring</u></b>
▪ Registration opens:	August 15	January 15
▪ Registration closes:	November 15	April 15
▪ Withdrawal deadline:	December 1	May 1

(After date, no refund & grade is W)
- The broad registration schedule allows students sufficient time to make good decisions about application, dropping the course for college credit, etc.
- Important information can be found on CCU's website at <https://www.ccu.edu/academy/dual-credit/>



# COLLEGE CREDIT

- Concurrent Enrollment: Enrolling in college while still in high school
- Seniors can receive tuition waiver for 6 credit hours per semester
- Apply through college; School approval

University of Oklahoma	24 ACT or 1090 SAT and 3.0 GPA or top 50% class rank or 3.0 GPA and top 30% class rank
Oklahoma State University	24 ACT or 1090 SAT or 3.0 GPA and top 33% class rank
Regional Universities	20 ACT or 940 SAT or 3.0 GPA and top 50% class rank
University of Science and Arts of Oklahoma	24 ACT or 1090 SAT or 3.0 GPA and top 25% class rank
Community Colleges	19 ACT or 900 SAT or 3.0 GPA



# COLLEGE CREDIT

- CLEP exams:  
[www.collegeboard.org](http://www.collegeboard.org)
- College dependent

## CLEP Exams

### COMPOSITION AND LITERATURE

American Literature  
Analyzing and Interpreting  
Literature  
College Composition  
College Composition Modular  
English Literature  
Humanities

### SCIENCE AND MATHEMATICS

Biology  
Calculus  
Chemistry  
College Algebra  
College Mathematics  
Natural Sciences  
Precalculus

### BUSINESS

Financial Accounting  
Information Systems  
Introductory Business Law  
Principles of Management  
Principles of Marketing

### HISTORY AND SOCIAL SCIENCES

American Government  
History of the United States I:  
Early Colonization to 1877  
History of the United States II:  
1865 to the Present  
Human Growth and Development  
Introduction to Educational  
Psychology  
Introductory Psychology  
Introductory Sociology  
Principles of Macroeconomics  
Principles of Microeconomics  
Social Sciences and History  
Western Civilization I:  
Ancient Near East to 1648  
Western Civilization II:  
1648 to the Present

### WORLD LANGUAGES

French Language  
German Language  
Spanish Language

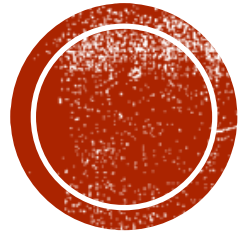




# SHOULD I TAKE COLLEGE CLASSES IN HS?

- Save \$\$\$\$\$
  - For example, dual credit course here at SWCS costs \$200 for the entire 3 credits and no additional fees.
  - In comparison, our local community colleges cost around \$140 per credit hour for tuition and fees.
  - Seniors can receive up to 18 credit hours tuition waivers if you take a college course in the summer.
  - Finish earlier which saves money
- Caution: Take courses that are general requirements for most degrees. If you are unsure, contact the college or university of choice to see if it will transfer. When transferring credits to another college, a syllabus is useful to demonstrate content covered.





# **SCHOLARSHIP SPREADSHEET ACTIVITY**

