



College and Career Guidance

Your Work is Your Ministry

10th Grade

Career Exploration: Understanding Your Options

Essential Questions:

- How does the self-knowledge attained from the assessments I've taken help direct my research?
- What education, training and skills do I need to develop to attain my career goals?
- What sort of things might online sources not be able to tell me about a career? What other sources might I use to find that information?
- Is the time, cost and effort required to prepare for the careers I've chosen worth investing in? Why or why not?
- How might my career choice affect my lifestyle?
- Do you see the careers you've chosen as ministry opportunities? How so?

Scripture:

- "Be seekers of truth and understanding." (Matt. 7:7-8)
- "Weigh the cost of the commitments you make." (Luke 14:28)
- "Do not lean on your own understanding." (Prov. 3:5-6)

Competencies:

- Research Skills
- Knowledge of Career Options
- Knowledge of Career Majors
- Identify non-traditional careers
- Use online resources to maximize career plans
- Goal Setting

Quotes:

"The question is not what we intended ourselves to be, but what He intended us to be when He made us." – C.S. Lewis

"We tend to forget that happiness doesn't come as a result of getting something we don't have, but rather of recognizing and appreciating what we do have." – Frederick Koenig

"Don't let happiness depend on something you may lost." – C.S Lewis

"Opportunity if missed by most people because it is dressed in overalls and looks like hard work." – Thomas Edison

"A goal is a dream with a timeframe attached." – Dan Miller

10th Grade: To Do List

✓ Explore careers of interest

- Research 3 careers and the majors linked to each career
- Develop goals based on career options
- Set up a job shadow
- OK summer academies

✓ Track your credits for graduation

- SWCS High School Course Worksheet
- Oklahoma Academic Scholar Recognition: Avg. GPA 3.7 and ACT Composite 27
- Salutatorian: 3.85 GPA or higher Valedictorian: Highest GPA

✓ Develop a portfolio of your achievements

- Include work history, extracurricular activities, community service, and honors/awards
- Document grade level and time
- Free digital portfolio at www.okcollegestart.org or www.raise.me; Earn micro-scholarships by filling out your profile.

✓ Prepare for graduation

- Scholarships
 - Learn about OK Promise Scholarship at www.okhighered.org/okpromise/ (Handout)
 - OK Regents Academic Scholars Program: Score for ACT/SAT at/above 99.5%; Nation Merit Finalist automatically qualify; School dependent
 - Fill out your profile at www.raise.me to earn micro-scholarships
 - Explore the many scholarships available at www.ucango2.org and www.okcollegestart.org
- PSAT is in October. This test qualifies students for the National Merit Scholarship Program.
- PreACT is in October.
- Results for both tests are usually November/December.
- Begin taking the ACT in the spring as a baseline score.
- ACT Workshops with Susie Nix

✓ College/Career Exploration Field Trips

- Fall field trip to a small, private university and a career technical school
- Spring field trip to a large, public university and a community college

✓ Serve

- Junior-Senior Banquet – Serve dinner for our juniors and seniors